

## lewescounseling.com

Owner and therapist Jeanne Doe Dukes, LCSW, a longtime Lewes resident, is dedicated to providing individual and group therapy, as well as educational programs for individuals and families of all ages. Jeanne regularly assists with family issues and other individual concerns, including...

- Personal growth
- Relationships
- Managing stress
- Family dynamics
- Parenting skills
- Child trauma
- Support to Seniors
- Health Concerns
- Sexual minority youth (GLBTQ)

and much more. Call Jeanne today to schedule an appointment.

Lewes Counseling LLC 302-430-2127 32413 Lewes-Georgetown Hwy Lewes, DE

**Evening hours available** 

# family-related issues. Please browse these selections below and for more information on everything available, please go to www.lewescounseling.com.

Lewes Counseling LLC provides counseling services that cover a wide array of

#### Separating and Divorcing Parent Education Classes

Participants will receive certification for attending after successful completion of the class approved by the Delaware Department of Services for Children, Youth and their Families. Children are likely to experience feelings of loss and fear when parents separate/divorce. Separation and divorce are processes that require adaptation to rapid change that can undermine the adults' capacity to parent effectively...

#### Currently Offering Professional Development

The RESPECT Workshop for Healthy LGBTQ students was developed by the American Psychological Association as a professional development curriculum for middle and high school counselors, school nurses, school

psychologists, school social workers, and other specialized instructional support professionals.

**Goal:** Participants will learn to promote policies and practices which encourage a safe and healthy environment for all students, and prevent health risks for LGBTQ students....*Up to 7 Hours* 



#### Trauma-Focused Cognitive Behavioral Therapy

About one in four children in the general population will experience a traumatic event before the age of sixteen. Community-based studies reveal a lifetime prevalence of post-traumatic stress disorder of approximately 8 percent in the United States. Trauma-Focused Cognitive Behavioral Therapy helps many children and families overcome the difficulties associated with abuse and trauma...

#### **Parent-Child Interaction Therapy**

Parents are the only individuals with the power to successfully resolve their child's problems. Parent-Child Interaction Therapy (PCIT) gives parents the tools they need for specialized parenting. Some children are temperamentally more difficult to parent than others because of short attention spans, difficulty handling change, willfulness, or developmental problems. PCIT teaches parents to be experts in behavior modification and how to specifically parent children who do not respond well to typical parenting styles...



#### Now Providing Services to Seniors

- Assessment and care coordination
- Long Term Care resources
- Collaborate with healthcare providers & state representatives to address individual needs
- Follow through and ensure understanding of referrals
- Assist in coping with loss of independence & grief
- Family education



**Bariatric Evaluations pg. 2** 

## Frequently Asked Questions Regarding Bariatric Evaluations

**When should I schedule my appointment for my evaluation?** Please call to schedule your appointment within 2 months of your surgery date.

**How long will the appointment last?** Please arrive about 15 minutes prior to your appointment to complete paperwork. Your appointment will last approximately an 1 hour.

**Do you accept my insurance and how much will it cost?** Lewes Counseling LLC will bill your insurance. Please see insurances Lewes Counseling LLC is in network with below. It is the client's responsibility to call insurance for any preauthorization or to confirm copay fee. You will be responsible for your copay and a self-pay service fee of \$25 for the evaluation letter and follow-up with your physician's office. In addition, a fee will be charged for any cancellations within 24 hours of your appointment.

**What should I bring with me?** Please bring with you your photo ID, insurance cards, and payment. Cash, check, credit card, or money order are accepted forms of payment. Please make checks and money orders out to "Lewes Counseling LLC." Please be aware that if you would like to make payment by check there is a \$25.00 fee for any returned checks from the bank to the Lewes Counseling LLC. No business checks will be accepted.

We know that you have choices when it comes to your healthcare. We thank you for your business and look forward to working collaboratively with you and your healthcare providers.



## Billing

Currently accepting self- pay, Medicare, United Healthcare Medicaid, Highmark Health Options Medicaid, Highmark Delaware (formerly BCBS), Aetna and Core Source. Payment required at time of service.

## Location

32413 Lewes-Georgetown Highway, Suite 2, Lewes, DE.

**Directions** Lewes Counseling LLC is between Meals on Wheels and RE Michaels Company on Rt. 9, near Rt. 1 & Rt. 9 intersection. The building is a 4 bay garage with professional offices located on the top level. Please park in the gravel area. Lewes Counseling is located on the second floor. Please follow the sidewalk to the right side of the building to find the door which will take you to the second floor. Visitors must be able to climb stairs (27 steps). There is no elevator.

## Contact

Please call 302-430-2127 to schedule an appointment.